

MENSA, CAMPUS DUISBURG

19.05.–23.05.2025



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

dish 1

Potato pockets with cream cheese filling and kale sauce (awe,g,i,1)



2,12 € | 4,13 €

Two bread dumplings with creamed wild mushrooms (age,awe,c,f,g,i,l,1,3)



1,92 € | 3,74 €

Potato and pointed cabbage pan with walnut and apple dip (hwa,i,3)



1,86 € | 3,63 €

Fried rice ^{BIO} with vegetables, egg and chicken inner fillet (awe,b,c,f,i)



2,54 € | 4,95 €

Warm Kaiserschmarren with vanilla sauce (awe,c,g)



2,50 € | 4,88 €

dish 2

Mediterranean minced meat and pasta pan with vegetables and tomatoes (awe,i)



2,08 € | 4,06 €

Fried pollack fillet with potato salad (aha,awe,d,j)



3,04 € | 5,93 €

Pork goulash Tuscany in a rice crust ^{BIO} (age,awe,f,i)



2,50 € | 4,88 €

Pulled Pork with onions, bell peppers and BBQ sauce (i)



2,34 € | 4,56 €

Paniertes Seelachsfilet mit Remoulade (awe,c,d,g,j,1,9)



2,36 € | 4,60 €

Vegan

Stuffed spring roll with sweet chili sauce (awe,f,i)



2,44 € | 4,76 €

Soy strips Budapest with bell pepper strips and tomato (age,awe,f,i,1)



1,62 € | 3,16 €

Steakhouse fries "Street Food Style" with soy bolognese,jalapeno,vegan cheese (f,i,1)



2,02 € | 3,94 €

Homemade lentil Lasagna with tomato Sauce (age,awe,f,i,1)



2,14 € | 4,17 €

Green tortellini with vegan cheese sauce Colorful vegetable strips and rocket (awe,f,i,1)



2,62 € | 5,11 €

Stew

"Cauliflower stew with potatoes and chickpeas" (i)



1,64 € | 3,20 €

Our bestseller: Hungarian goulash soup (age,awe,f,i)



3,32 € | 6,47 €

Lentil stew (i)



1,54 € | 3,00 €

African pineapple and peanut stew "planted." (awe,e,f,i,j)



2,26 € | 4,41 €

Mashed carrots and potatoes (i,1)



1,78 € | 3,47 €

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Wok-/Grill	<p>Pierogi dumplings filled with potato and sour cream with root vegetables and chive creme fraiche (awe,c,g,i,1)</p> <p>2,74 € 4,61 €</p>	<p>"Pimp Your Burger" - Crispy fried vegetable patty with fries and toppings (aha,awe,c,i,j,k,1)</p> <p>5,82 € 7,69 €</p>	<p>Tofino-Surfbowl mit glasiertem Lachs (d,g,k,7)</p> <p>5,28 € 7,15 €</p>	<p>Digital cooking competition 2025 Livs Tofu Butter Chicken (f,g,i,7)</p>	<p>Choriatiki salata Greek vegetable salad with red lentils, olives, cucumber, tomatoes, peppers and fried halloumi (c,g,j,l,1,3,6)</p> <p>5,48 € 7,35 €</p>
Suppe	<p>Cream of tomato soup (awe,f,i,1)</p> <p>0,38 € 0,74 €</p>	<p>Mushroom soup (awe,f,i,l,1,3)</p> <p>0,46 € 0,90 €</p>	<p>Cream of broccoli soup (awe,f,i,1)</p> <p>0,34 € 0,66 €</p>	<p>Cream of kohlrabi soup (awe,f,i,1)</p> <p>0,38 € 0,74 €</p>	<p>Asian vegetable soup (awe,f,i)</p> <p>0,62 € 1,21 €</p>
Beilage 1	<p>Roasted potatoes</p> <p>0,60 € 1,17 €</p>	<p>Potatoes (1)</p> <p>0,44 € 0,86 €</p>	<p>Rice (i,1)</p> <p>0,46 € 0,90 €</p>	<p>Potato wedges</p> <p>0,72 € 1,40 €</p>	<p>Potatoes (1)</p> <p>0,44 € 0,86 €</p>
Beilage 2	<p>Rice with vegetables (i,1)</p> <p>0,60 € 1,17 €</p>	<p>Pasta "penne rigate" (awe)</p> <p>0,36 € 0,70 €</p>	<p>Steakhouse fries</p> <p>0,86 € 1,68 €</p>	<p>Potatoes (1)</p> <p>0,44 € 0,86 €</p>	<p>Roasted potatoes</p> <p>0,60 € 1,17 €</p>
Gemüse 1	<p>Broccoli (i,1)</p> <p>0,66 € 1,29 €</p>	<p>Green beans (i,1)</p> <p>0,44 € 0,86 €</p>	<p>Peas (i,1)</p> <p>0,48 € 0,94 €</p>	<p>Finger carrots (i,1)</p> <p>0,44 € 0,86 €</p>	<p>Romano beans (i,1)</p> <p>0,54 € 1,05 €</p>
Gemüse 2	<p>Mixed vegetables (i,1)</p> <p>0,46 € 0,90 €</p>	<p>Broccoli mix (i,1)</p> <p>0,50 € 0,98 €</p>	<p>Sweet corn and bean mix (i,1)</p> <p>0,64 € 1,25 €</p>	<p>Cauliflower (i,1)</p> <p>0,42 € 0,82 €</p>	



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Salat	Small salad bowl (c,g,j,1) 0,64 € 1,25 €	Small salad bowl (c,g,j,1) 0,64 € 1,25 €	Small salad bowl (c,g,j,1) 0,64 € 1,25 €	Small salad bowl (c,g,j,1) 0,64 € 1,25 €	Small salad bowl (c,g,j,1) 0,64 € 1,25 €
Dessert 1	Strawberry cream yogurt (g) 0,46 € 0,90 €	Semolina pudding with raspberries (awe,g) 0,98 € 1,91 €	Quark with strawberries (g) 0,72 € 1,40 €	Red fruit jelly with vanilla sauce (g,1) 0,56 € 1,09 €	Blueberry yogurt (g) 0,66 € 1,29 €

