

MENSA, CAMPUS MÜLHEIM

05.05.–09.05.2025



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

dish 1

Spaetzle with colorful balsamic lentil vegetables (c,i,l,1)



1,74 € | 3,39 €

Potato gnocchi with fresh vegetables and a herbed cream sauce (awe,c,g,i,1)



1,96 € | 3,82 €

dish 2

Baked meatloaf with dark mustard sauce (age,awe,c,f,i,j)



2,50 € | 4,88 €

Spaghetti (Organic) "Bolognese" (age,awe,f,i)



2,26 € | 4,41 €

Two fish meatballs with potato and cream cheese filling and remoulade sauce (awe,c,d,g,j,1,9)



1,86 € | 3,63 €

Vegan

Couscous with vegetables, mango, raisins, sunflower seeds and a vegan yogurt dip (awe,hwa)



2,68 € | 5,23 €

Alu Chana mit Naanbrot N (awe)



2,74 € | 5,34 €

"Falco's Peanuts Asian noodles  " with tofu, chili, ginger, chopped peanuts, sesame seeds and leek (awe,e,f,k)



2,28 € | 4,45 €

Beetroot gnocchi with savoy cabbage, mushrooms and roasted walnuts (hwa,1,3)



1,90 € | 3,71 €

Tortellini and vegetable stir-fry with tomato sauce (awe,i,1)



2,28 € | 4,45 €

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MONDAY

Spargel Gnocchi (c,g,2,7)



TUESDAY

White asparagus spears with turkey escalopes, served with sc.hollandaise or melted butter and new potatoes (awe,c,g,i,1)



WEDNESDAY

Asparagus action Asparagus curry with coconut milk, lime, prawns and basmati rice (b,g,i,7)



THURSDAY

Asparagus promotion Fresh asparagus and watermelon salad with fried halloumi cheese (g)



FRIDAY

Asparagus action Fresh, white asparagus spears with ham, Sc.hollandaise or melted butter and new potatoes (c,g,i,1,2,3,8)



Wok-/Grill

Pizza Slice

Pizza slice according to offer of the day (awe,d,g,2,3,8)



1,28 € | 2,50 €

Pizza slice according to offer of the day (awe,d,g,2,3,8)



1,28 € | 2,50 €

Pizza slice according to offer of the day (awe,d,g,2,3,8)



1,28 € | 2,50 €

Pizza slice according to offer of the day (awe,d,g,2,3,8)



1,28 € | 2,50 €

Suppe

Vegetable cream soup (awe,f,i,1)



0,42 € | 0,82 €

Cream of cauliflower soup (awe,f,i,1)



0,53 € | 1,03 €

Mushroom soup (awe,f,i,1,3)



0,46 € | 0,90 €

Cream of broccoli soup (awe,f,i,1)



0,52 € | 1,01 €

Red lentil potato soup (i)



0,56 € | 1,10 €

Beilage 1

Roasted potatoes



0,60 € | 1,17 €

Rice



0,48 € | 0,94 €

Rice



0,48 € | 0,94 €

Roasted potatoes



0,60 € | 1,17 €

Couscous (awe,i)



0,46 € | 0,90 €

Beilage 2

Pasta "penne rigate" with vegetables (i)



0,52 € | 1,01 €

Spaetzle (awe,c)



0,58 € | 1,13 €

Potatoes (1)



0,44 € | 0,86 €

Pasta (awe)



0,40 € | 0,78 €

Potatoes (1)



0,44 € | 0,86 €

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Gemüse 1	Mixed vegetables (i,1)   0,80 € 1,56 €	Mixed vegetables (i,1)   0,66 € 1,29 €	Leipzig vegetable medley (i,1)   0,54 € 1,05 €	Green beans (i,1)   0,43 € 0,84 €	Broccoli mix (i,1)   0,50 € 0,98 €
Gemüse 2	Parisian carrots (i,1)   0,54 € 1,05 €	Creamed spinach (awe,f,i,1)   0,62 € 1,21 €	Mixed cauliflower and broccoli (i,1)   0,54 € 1,05 €	Mixed vegetables (i,1)   0,46 € 0,90 €	
Salat	Small salad bowl (c,g,j,1)   0,64 € 1,25 €	Small salad bowl (c,g,j,1)   0,64 € 1,25 €	Small salad bowl (c,g,j,1)   0,64 € 1,25 €	Small salad bowl (c,g,j,1)   0,64 € 1,25 €	Small salad bowl (c,g,j,1)   0,64 € 1,25 €
Dessert 1	Yogurt with cherries (g)   0,60 € 1,17 €	Buttermilk dessert with strawberries (g)   0,62 € 1,21 €	Semolina pudding with raspberries (awe,g)   0,78 € 1,52 €	Quark mit Johannisbeeren e.H. (g)   0,44 € 0,86 €	Yogurt with pineapple (g)   0,52 € 1,01 €
Aktion		White asparagus spears with a cutlet from the field, herb cream sauce and new potatoes (awe,f,i,j,1)  	Asparagus action Asparagus curry with coconut milk, lime, plant-based. Chicken and basmati rice (i,1,7)  		Asparagus promotion Fresh, white asparagus spears with marinated, vegan feta alternative and swivel potato (1,3)  